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Time is a specific resource that is irreversible. It is leaving, so its effective use is relevant, especially at today's pace of life. The working hours of most modern managers are tightened to the limit, the working day is not standardized, and yet it is often not possible to complete all the scheduled tasks by the specified deadline.

Such a situation in modern society is widespread and not only among leaders. Surely each person can recall many cases when in one day he had to solve a lot of problems, visit many places, while he could not solve in what order it is best to do all this and the realization that it is impossible to immediately and quickly solve the problem of time distribution. Because of this, you can not have time or miss something important it is very depressing, makes you nervous, spoils your mood, which ultimately negatively affects your well-being, performance and reduces the likelihood that everything conceived for the day will be realized. In such a situation, the only solution can only be the use of special techniques and methods that have the common name "time management". Indeed, each person has a strictly defined amount of time, and it is the same for all people. It is impossible to somehow influence its quantity or its flow rate. "Time management" is simply a big name for what is essentially the management of oneself, an organization, people in order to accelerate the resolution of problems, the implementation of activities, the execution of work, actions. This is the management of the most rational use of time.

In conclusion I want to say that time is a specific resource that is irreversible. It is leaving, so its effective use is relevant, especially at today's pace of life.